

1. Assess your environment and immediate surroundings. you need to check for stagnant water pools, gutters, swamp water. Even buckets of water, avoid keeping those for more than 24hrs. Cover tanks and large drums if they are in your control. When it rains ensure you are working on moving the water and not letting it sit.
2. Get nets if you don't already have. Nets for your windows and doors leading outside the house, especially balcony doors and kitchen doors. If you already have nets covering these ensure they are not damaged or the holes are not big. you can double nets. Most carpenters know how to do this.
3. Using mosquito net is key but you cannot use it forever, especially if you wash it often. I advice changing your net at least every 6 months or every year dependent on the frequency you wash it. If you do not use mosquito nets then you need to use mosquito repellants. Avoid the ones containing DEET. there are many natural brands out there. Also lemongrass essential oil mixed with shea butter is also good.
4. Check with school please and ensure they are taking the malaria thing seriously.
5. Do not treat malaria more than 4 times a year. if you find that your child keeps getting diagnosis every other month then it is not malaria or the malaria was not treated properly the first time. Malaria drugs have been linked to infertility (studies still in progress) especially for male children. So ensure it is malaria each time you treat.